GETTING HELP



Getting help in Beastie Valley.

Activity Book

Draw OrangeBeastie



Orange Beastie learns that no matter how big your problem is, there will always be someone who can help you to find a solution!



GETTING HELP



WORD SEARCH

XAAHDRMK

MICRRTIM

HOCCARED

OYIPDUSA

RHDOUSRY

NMECLTUR

BLNLTERN

OITQPXVA

Word List



Getting Help



Match the words to the first column

What OrangeBeastie felt when they broke their horn. accident

A trusted adult beastie. trustworthy

A safe beastie to confide in and get help from when having a problem.

embarassed

OrangeBeastie did not mean to break his horn.

adult beastie

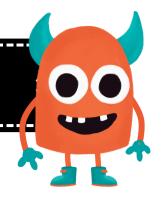
Someone who is supportive and understanding.

SilverBeastie





Getting Help



Orange Beastie had a problem because they broke their horn. They had lots of big feelings about this and didn't know what to do.



Circle yes or no to what they did to get help.





Talked to a friend about their problem?



No

Thought it was their fault that they broke their horn?



MO

Felt happy about their horn being broken?





Found a trusted adult beastie who could help them with their problem?

CREATED BY







Created by the Sexual Assault Crisis Centre of Essex County in partnership with Turtlebox Productions

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