

# Child & Parent Tech Contract



## I will:

- Immediately answer a call or text from my mom, dad, or other family member.
- Ask my parents before I download any apps on my phone.
- Ask my parents before sharing any photos online.
- Tell an adult if anything online makes me nervous or afraid.
- Leave my phone in the kitchen to charge at night.
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## I understand that:

- My parents can take my phone away from me at any time.
- Having a phone is a responsibility that I will take seriously.
- \_\_\_\_\_

## I will not:

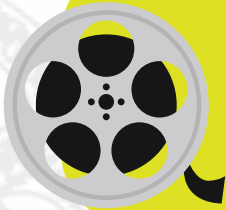
- Add, text, or interact with anyone online that I do not know.
- Be mean, spread rumors, or make fun of people online.
- Make fake profiles or pretend to be someone else on the internet.
- Use my phone during school unless there is an emergency.
- Use my phone (calls, text, or social) while I am driving.
- Share my address, phone number, or other personal information online.
- \_\_\_\_\_
- \_\_\_\_\_

.....  
*Child Signature* *Date*

.....  
*Parent Signature* *Date*

# RESOURCES

## CONSIDER YD'S TECH CONTRACT



### WATCH CHILDHOOD 2.0

A free and incredibly compelling documentary about growing up in the digital age.  
<https://www.childhood2movie.com/>

## READ "PARENTING IN A TECH WORLD" BY MATT MCKEE AND TITANIA JORDAN



### WATCH RAISED ON PORN

exposes the ways pornography has become the new sex education for children and unpacks the dangerous lifelong implications of this global phenomenon  
<https://raisedonporn.com/>

## READ THROUGH CULTURE REFRAMED PARENTS PROGRAM

<https://parents.culturereframed.org/tech-guide//>

<http://>

